BENGALURU, THURSDAY, JUNE 30, 2022 www.Bangaloremirror.com 12 Pages PRICE ₹3

Bangalore Mirror

TEMP Max 27 | Min 20 | Humidity 77% Generally cloudy sky with rain Sensex 53,026 | Nifty 15,799 | Gold 50,901 | Silver 59,280 | Dollar 79.01 | Euro 82.81 | GBP 95.75

Loose nuts and bolts of workout equipment in lake's buffer zone pose danger to citizens

THE NUT JOB

Open gym at Mahadevapura set up 5 years ago

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The Bruhat Bengaluru Mahanagara Palike set up an open gym in the buffer zone of the Mahadevapura Lake around five years ago. Soon, the workout equipment turned out to be an instant hit among the residents.

However, the lack of maintenance of the open gym is posing a grave danger to the users now.

After the lake restoration process, BBMP installed a slew of equipment such as a treadmill, chest and shoulder press, push-up chairs and such. At the moment, they are all falling apart.

While some equipment are holding only on

bolts as the nuts have fallen off, some equipment have parts missing.

"The nuts in most of the equipment have disappeared, posing a grave danger to the users. Many people use the machines on a daily basis. However, they are holding onto the bolts only," said a resident of Mahadevapura.

> **"Gym continues to be used by children and elderly; an accident might take place any moment.** — resident

Local residents said the equipment, although in poor condition, is still being used by people regularly.

"Although it is a risky proposition, it is difficult to spot a missing nut. For instance, the nuts of the bolts holding the foot area of the treadmill on both sides have fallen off. Handles of the chest press equipment are missing and the equipment is not in a usable condition. The bull-worker also does not have a couple of nuts. Gym users mostly do not spot these missing nuts and continue to use the

CONTINUED ON PAGE 8 »

PAGE 3

LEARNING TO FLY, AGAIN

How feathers attached to injured birds in overnight surgery can get them back on the wing

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3 THINGS TO DO

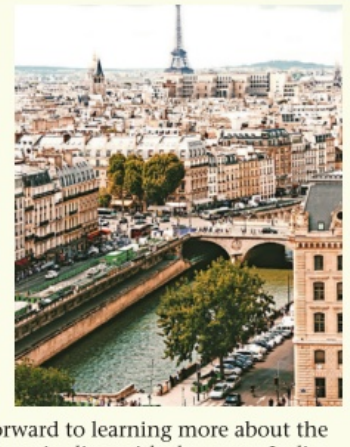
01 Family tales

Antharanga presents a humorous family play "Husband - 360", in Kannada. Penned by Nagaveni Rangan and directed by Archana Shyam & Vijay Jois, the story revolves round a hapless husband and his adamant and demanding wife. The plot is woven around the weight loss and targets given by a wife to her husband in order to participate in a TV reality show.
Where: Prabhat KH Kala Soudha, Ramanjaneya Temple Campus, Hanumantha Nagar
When: July 3, 7 pm; Tickets: 9880914509/ 9986911321

02 Puns and more

Catch stand-up comedian Rajesh Hinduja perform live. Describing himself as the oldest and boldest comedian in the country, he has done hundreds of shows with leading comedians in various cities. That is why, you can be assured of forgetting all your worries and having a whale of a time. The jokes will be about the past and the present, true stories and some untrue ones, all guaranteed to make you laugh. **Where: Lahe Lahe, Indiranagar**
When: July 2; Tickets: bookmyshow.com

03 Tour de France



Do something different this Friday evening and catch a unique, live screening of the start of the Tour de France at Alliance Française de Bangalore. This event is co-organised with the Consulate General of Denmark and you can look forward to learning more about the country and intermingling with the many Indians and foreign nationals who will be present at the event. For those fascinated by France and its history, this event is a must-attend.
Where: Alliance Française de Bangalore
When: July 1, 7 pm onwards

Meet trailblazer set to become an IAS officer

Kalpashree KR is first Karnataka student from a government engineering college to have cleared UPSC exam

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For the many villagers of Sira Taluk in Karnataka's Tumakuru, Kalpashree KR is a role model.

Born in extremely humble circumstances, the 25-year-old woman, who hails from Yeeragunte village, is now set to become an Indian Administrative Service (IAS) officer. What makes her story even more unique is the fact that she is the first Karnataka student from a government engineering college who has cleared the UPSC exam.

At first, Kalpashree wanted to pursue medicine but the fees were too high.

"I am conscious about our family background and the difficulties my father faced. He joined the Sericulture Department as a daily wager and was promoted to the role of a revenue inspector. He struggled a lot to educate me. I decided to pursue engineering at Government Sri Krishnarajendra Silver Jubilee Technological Institute in Bengaluru as we could not afford to pay the fees to pursue medicine," she said.

After completing her graduation in electronics and communications, she got a job at Wipro but could not continue.

"My aim was to become an IAS officer. I could not manage both – working at Wipro and preparing for the UPSC examination. So, I decided to quit and focus on preparing for the UPSC examination.

"I succeeded in clearing the Civil Services (Main) Examination in fourth attempt," she says with a smile, adding that she wanted to focus on education and health after becoming an IAS officer.

She said that she was impressed by past pupils of Jawahar Navodaya Vidyalaya who became IAS officers.

"Their success stories have impressed me," she said.

Her feat of being the first student from a government engineering college in Karnataka to clear the UPSC examination will motivate others to follow in her steps.

"I am proud of Kalpashree. Her achievement will be an inspiration and motivation for our students," said Dr KG Chandrasekhar, Principal, Government Sri Krishnarajendra Silver Jubilee Technological Institute.

Lakshmikant (left), currently posted in Kashmir, seen with his sister Kalpashree (right)

> **"I am conscious of my background. I wanted to pursue medicine but we could not afford the fees** – Kalpashree KR

Kalpashree's father, Kanthappa Y B, was equally elated. He said that he was very happy with his daughter's achievement.

"I used to tell my daughter about the importance and influence of deputy commissioners and the respect they command. Now, she has to leave for Mussoorie for training. My son Lakshmikant, who is serving in the army and posted in Kashmir, has also encouraged her to write the UPSC examination," he added.

This is not the first time a citizen of Sira Taluk made headlines. A month ago, Canadian MP Chandra Arya, who hails from Sira Taluk's Dwaralu village, came into the spotlight for his speech in Kannada at the Canadian parliament.

SAMVAD forging path for child care: Study

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A paper published in open access journal The Lancet Regional Health -- Southeast Asia, has said that the Support, Advocacy and Mental health interventions for Children in Vulnerable Circumstances and Distress (SAMVAD) initiative of leveraging technology and inter-sectoral coordination to strengthen child care in India is the way forward in addressing child and adolescent mental health (CAMH) issues.

Born as a collaborative project between NIMHANS and Department of Women and Child Development, Government of Karnataka, SAMVAD was principally approved by the Ministry of Women and Child Development in October 2019.

Its key focus lies in care and protection (facilitating safe, healthy and child-friendly spaces), mental health (making quality mental health and psychosocial care accessible to every child), education (safe spaces, where school counsellors and teachers are sensitised to provide first-level responses to children with emotional and behavioural difficulties) and policy and law (integration of mental health concerns with legal and judicial practices. More in-depth and specialized programs, such as those focusing on child sexual abuse, children in conflict with the law and children with disability, and early childhood education are also delivered, particularly to secondary and tertiary level child care workers across various sectors.

An ASHA worker enquires about the children in Mysuru during the lockdown

Despite the pandemic, SAMVAD continued its day-to-day functioning, and a budget from the ministry helped in increasing the staff.

SAMVAD began its in-depth training initiative by addressing child protection concerns at grassroot levels with the help of Panchayati Raj. In addition, SAMVAD is also engaging with the country's judicial education system through training. Field experiences and communication from childcare workers stands as a testimony to the effectiveness of SAMVAD's training programs through which SAMVAD has managed to reach 1,16,370 of child protection functionaries, mental/health professionals and judicial officials across 29 states of the country.

The paper discussed a transdisciplinary public health model for child and adolescent mental healthcare in low-and middle-income countries, contributed by three NIMHANS professors from the Department of Child & Adolescent Psychiatry who are also part of SAMVAD.

Corresponding Author Sheila Ramaswamy, Head of Department John Vijay Sagar and Senior Professor Shekhar Sheshadri contributed to the study which stated that in line with transdisciplinary frameworks, SAMVAD applies innovative teaching and learning methods of participatory, creative and skill-based pedagogies, to deliver innovations in CAMH awareness and capacitation.

Imping: New wings to help them soar

Feathers attached to injured birds in overnight surgery can get them right as rain

Implanted feathers are attached to the follicles with surgical glue and the birds undergo flight training and testing

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"Birds often get entangled in Chinese manja threads or electric wires, causing their feathers to fall off

-- a doctor, People for Animals (PfA) Hospital

Veterinary doctors and surgeons at the People for Animals (PfA) Hospital, near Kengeri have perfected a technique called imping where they attach feathers to injured birds and make them fit to fly in an overnight operation.

At the hospital on Uttarahalli Main Road, vets offer a new lease of life to injured birds who would otherwise gradually lose their wildlife instincts staying at enclosures for long months until their feathers re-grow at a slow pace.

"We have a feather bank and we do the process on all birds, but the majority are black kites," says Colonel Dr Navaz Shariff, a veterinary surgeon.

Usually birds such as black kites, parakeets and barbets get entangled on Chinese manja threads and in the process, lose many of their feathers and become handicapped.

Sometimes they get entangled with threads lying in water bodies, and some of them suffer from dehydration and fall and lose their feathers. Some get entangled in electric wires, get electrocuted, and lose feathers in the process, the doctors at PfA told Bangalore Mirror.

"A black kite that was rescued less than two weeks ago had almost lost 50 per cent of its feathers. Most of the tail feathers and many of the secondary wings had also gone. It could not fly at all, so we had to get the feathers arranged for performing the procedure on this kite," said Dr Shariff.

"A few other wildlife conservation centres were informed about sending us kite feathers. We collected feathers from the ground and from bird enclosures every morning. We have told students to collect and other conservation centres were informed. For this kite, it took about eight to 10 days to gather all the tail and wing feathers," he said.

Dr Shariff said holes are made in the follicles and with high-density surgical glue, the feathers are stuck. When the feathers grow back naturally, the implanted feathers slowly wither and fall away.

We have long enclosures here where we keep the birds, and we even put them on higher branches and check if they can fly down, opening its wings to land on the ground, Dr Madhav from PfA told BM.

Flight training and testing is not only done for black kites, but for parakeets and barbets. "It is not required to keep the injured birds inside enclosures for three - five months until their feathers re-grow. Now, birds are released overnight soon after the flight testing," said Rahul, a wildlife rehabilitator.

NICE toll prices hiked

Travelling on NICE Road is set to get expensive as the toll fares have been hiked. The new rates will be effective from July 1.

Now, car users have to shell out Rs 45 to travel between Hosur to Bannerghatta Road (8.74 km), Rs 35 for Bannerghatta to Kanakapura road (6.79 km), Rs 25 from Kanakapura Road till the clover leaf junction (4.36 km).

Even fares on Electronics City flyover and Attibele toll booth has been increased from July 1. Bikers have to pay Rs 25 for a single journey (from Rs 20), Rs 35 for multiple journeys (from Rs 30). Monthly pass has been revised from Rs 325 to Rs 720.

The car users have to pay Rs 60 for single journeys from Rs 50 (Rs 90 for multiple journeys from Rs 80). The car users have to pay Rs 35 for single journeys (earlier Rs 30) and Rs 55 for multiple journeys (Rs 45 earlier). -BMB

1,109 covid cases in city

For the first time in the last few months, Covid cases in Bengaluru have crossed the 1k-mark as Bengaluru Urban reported 1,109 cases out of 1,249 cases in the state.

The test positivity rate in the state has jumped to 4.84 per cent.

Health Department said that the surge in cases was due to the addition of backlog cases from the previous days. -BMB

White-topped roads disrupt level of business in Mathikere

After work, shops in SBM Colony sink 1-2 ft below ground level

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The Bruhat Bengaluru Mahanagara Palike's (BBMP) white topping work on the 80 Feet Road in Mathikere has created a peculiar problem for shop owners and residents of the SBM Colony. The colony, along with many shops, has sunk one-and-a-half to two feet below the ground level.

This is after the stretch has been concreted, and the walkway revamped.

"My shop has been on the street for over 12 years now. It used to be around three feet higher than the road level. Now it has sunk in because the road level has gone a good three feet higher. Even on days of heavy rain with gusty winds, rainwater never entered my shop in 12 years. However, it got flooded the last time it rained," said Rangaswamy T, who runs a stationery shop on the stretch.

White topping work on 80 Feet Road in Mathikere by BBMP has led to disastrous consequences for shop owners in SBM Colony

Residents and traders on the road say that the Palike, before starting the white topping work around three months ago, did not chip off the old tarred layer.

"They did not tear down the old stretch leading to a raised road level. Now all the shops on the stretch are around one to two feet below the ground," lamented Rangaswamy.

To avoid the risk of waterlogging, shop owners are shelling out money from their pockets to either get a water outlet constructed, or to raise the level of the shop altogether.

Padmanabha, who runs a grocery store there, says his shop, which was earlier one foot higher than the road level, has now sunk by 19 inches. He says the sunken level, clubbed with uncovered stormwater drains and dust emanating from the ongoing repair work, has marred his customer base.

"My shop got flooded with water when it rained a few days back. It appears like a cave, and it is difficult for the customers to make their way into my store. I cannot tear down my shop and raise the level of the floor. I do not have enough money to do so. So, I am getting a water outlet constructed inside the shop to avoid flooding," he rued.

Shopkeepers complain that while the business, in some measure, was recovering from the loss due to covid for two continuous years, the white topping work that started three months ago has brought it back to square one.

"I have lost around 60% of the business. On top of that, I am shelling out money to get a water outlet constructed inside my shop," said another shop owner.

A small salon on the same stretch had to renovate the space as a sunken shop was not the customers' preferred choice. According to the salon owner, the renovation is costing him Rs 1.5 lakh over and above the loss in business due to the road repair work.

"My salon was not getting a single customer. Footfall had reduced when the stretch got blocked for two to three months for the white topping work. We were hoping to recover our losses once the road opens up. However, the repair work pushed our shop level down leading to no customers at all. I am left with no other choice but to raise the shop level and hope business returns to normal," they said.

> **"I cannot tear down my shop and raise the level of the floor. I do not have enough money**
>
> –Padmanabha, Shop owner

Dug-up Haralur stretch needs attention

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Haralur Road commuters are facing a tough time as it has been taking them hours to cross a 5 km stretch

With offices re-opening, things will only worsen if the road is fixed, they say.

The road was dug up a few months ago, and nothing has reportedly been done to restore it ever since. The dug-up area has covered most of the road, leading to a lot of congestion.

Vishnu Reddy, a resident of the area, said, "We do not know which authority gave orders for digging, and we were not informed either. The road is used by a lot of office-goers, and is very small, barely having space for one car to pass at a time."

Ravi Kumar, another resident, said, "Without even completing this work, they started digging up another road. My office is on Outer Ring Road, and it is causing me immense problems to cross this stretch and reach there. People cannot even step out of their houses because of the horrible traffic.

Frustrated residents say that the stretch of 5 km takes them approximately one and half hours to cross before they can reach the main road. They also complain about the lack of traffic police in the area.

Naveen S, also a resident, said, "Even when the police are standing there, they cannot really do anything. There is no space. One set of cars has to wait for the other to pass. It is a nightmare."

Road work required authorities to inform residents of the concerned area prior to it commencing, affected people opined.

They also demanded to have a traffic police station of their own.

A BBMP official said, "We will send someone to inspect the place and do the needful."

The road, dug up a few months ago, has been lying untouched with no signs of restoration work

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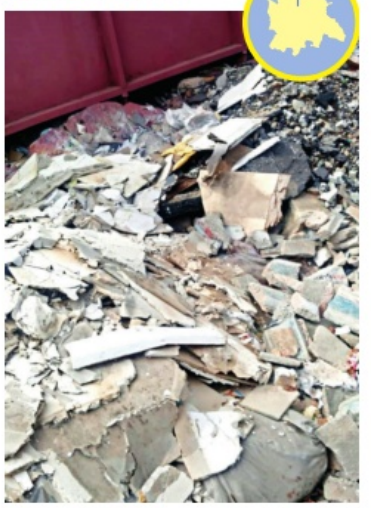
Debris dump
Benniganahalli



Following metro construction work, debris have been dumped on the road below Tin Factory and the railway track opposite the Honda showroom in Benniganahalli.

Illegal fishing
KR Puram

Illegal fishing is taking place in Bhattarahalli Lake opposite Garden City University, KR Puram.

Neglected pothole
Kadugodi

There is a dangerous pothole on Dinnur Road, Kadugodi.

Protests all around as delimitation discontent spills over

Citizens upset with naming, merging or splitting of wards

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It seems voices of discontent over the delimitation of Bruhat Bengaluru Mahanagara Palike (BBMP) wards are growing louder with each passing day. Disappointed residents began organising protests against the delimitation of wards.

They blamed the panel headed by CV Raman Nagar MLA S Raghu for the unscientific and unconvincing method adopted for the delimitation of wards.

A few days ago, residents of Kengeri organised a protest demanding restoration of the Kengeri ward and cancelling the proposal to merge Kengeri with the newly formed ward - Bande Mutt. Residents of Kasturinagar have also objected to dividing their area into two wards.

Residents of Cox Town staged a protest on Wednesday demanding restoration of the Sarvagna Nagar ward. They complain that it would be difficult for them to go to New Byappanahalli which has no access road as the railway authorities recently closed the road between railway over bridge and New Byappanahalli. "Our area has more population and election booths than New Byappanahalli. Removing the name of Sarvagna Nagar from the list of wards is an insult to sage Sarvagna. I demand the BMBP authorities restore Sarvagna Nagar ward and cancel the proposal to name the ward after New Byappanahalli to respect the sentiments of residents," said NS Ravi, president of Bharathinagar Residents' Forum.

Restore our ward

Expressing a similar opinion, B Ramesh, a resident of Cox Town, said that it would be difficult for the residents to go to New Byappanahalli if the BMBP decides to shift existing offices from Cox Town to New Byappanahalli. "We want the BBMP authorities to restore Sarvagna Nagar ward," said Ramesh. Jayaraj Reddy, a resident, opined that elected representatives and BMBP authorities should focus on infrastructure development in the area than on changing the name of the ward or merging this area with another ward.

The residents gathered at Cox Town Circle and shouted slogans against the BBMP a for merging their area with the New Byappanahalli.

> **"Delimitation was done as per whims of ruling party leaders. Authorities merged areas that are near the existing ward office with another ward. It will force residents of an area to commute 2-3 km to get their grievances redressed**
>
> Jayanagar MLA Sowmya Reddy

"There was no need for the BBMP to remove Sarvagna Nagar ward name and form a new ward - New Byappanahallli," said Congress leader Arul Mozhi Devi.

Bad merger

Residents of LIC Colony, Canara Bank Colony and Hanumanthappa Layout in Jayanagar Assembly constituency staged a protest near Usha Apartment Complex at Byrasandra against delimitation of wards.

"A portion of LIC Colony which was earlier with Byrasandra ward now merged with Tilak Nagar ward. The residents of that area have to commute three to four km either to exercise their voting rights or to seek solutions to their civic problems. We oppose the delimitation of wards that was done most unscientifically," said T K Parameshwaran, secretary of LCH Residents' Welfare Association.

Speaking on the occasion, Jayanagar MLA Sowmya Reddy alleged that government officials and BBMP authorities completed the delimitation of wards as per the whims and fancies of ruling party leaders. "The authorities have merged areas that are near the existing ward office with another ward. It makes the residents commute two to three km to get their grievances redressed," said Sowmya Reddy.

Former ruling party leader in BBMP Council N Nagaraj has said more than 80 per cent of areas that were with Byrasandra ward before the delimitation of wards are now merged with another ward. "It will make it difficult for the residents to come to the ward office to get their problems fixed," said Nagaraj.

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I, MOHAMED ALTAF HUSSAIN HUSSAIN, S/o, Mohamed Aqil Hussain residing at No.3, S J Enclave, 3rd Cross, Silver Oak Street, J P Nagar 7th Phase, Bangalore 560078 have changed my name to MOHAMED ALTAF HUSSAIN vide affidavit dated 21.06.2022 sworn before notary B V Nagabhushana, Bangalore.

I, PULLI ASHA JYOTHI W/o, Santhosh Babu Arun residing at No.1, 1st Cross, Anandapuram, Jeevan Beema Nagar, New Thippasandra Post, Bangalore-560075 have changed my name to ASHA JYOTHI vide affidavit dated 27.06.2022 sworn before notary B V Nagabhushana, Bangalore.

I, SHREETHIKA, D/o, Narendra Krishnappa residing at No.98, New No.3, 16th B Main, Kodihalli, Bangalore 560008 have changed my name to SHREETHIKA NARENDRA vide affidavit dated 29.06.2022 sworn before notary B V Nagabhushana, Bangalore.

I, Pooja Gunjal W/o Akash Gunjal R/o Ramky One North, Avalahalli, Yelahanka, Bangalore-560064 have changed my name to Pooja Akash Gunjal for all purposes vide Affidavit dated 28/06/2022 before Notary S.R. Ravikumar, Bengaluru

I Syed Mohammed Bilal Farooqui S/O, Syed Mohammed Akber Farooqui R/o #1867 38th A Cross 11th Main Road Jayanagar 4th T Block have changed my name to Syed Mohammed Bilal

I Jude Peter X S/O, Mr. Xavier Peter (late) R/o Sb Royal 35 36 403 Casa Di Maria, 1st Cross, Sunshine Layout, Tc Palya Main Road, Kr Puram, Bangalore 560036 have changed my name to Jude Peter

I Jagadeesh Mallikarjunappa S/O, Mallikarjunappa R/o 113, C-3, B;ock-2, Sneha Apartment 1st Main Road Doctors Layout, B Channasandra, Bangalore North Kalyananagar, have changed my name to Jagadeesh

I HIBA KHAN, R/at Flat No.301 4th Floor A Block, Elegant Bills Apartment No.157, Narayana Pillai Street, Bharathinagar, Bengaluru – 560001, have changed my name to KHATIJA FATIMAH for all purpose.

I, Zakir Hussain S/o Vuppukar Server Ashraf Ali R/o 301/11/12. 7th C Main, 4th Block, Jayanagar, Bangalore-560011 have changed my name to Zakir Hussain Ashraf Ali Vuppukar Server.

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Get ready to pay more for power

BESCOM allowed to charge additional 31 paise per unit from July 1

Sridhar.Vivan@timesgroup.com
TWEETS @sridharvMIRROR

Consumers who are yet to overcome the 'power hike shock' will now face one more hike as the Karnataka Electricity Regulatory Commission (KERC) has allowed the Bangalore Electricity Supply Company Limited (BESCOM) to charge an additional 31 paise per unit as Fuel Cost Adjustment Charges (FCAC).

The revised rates will be applicable from July 1 to December 31, 2022. As per the latest order, KERC has allowed BESCOM to charge 31 paise per unit, Mangalore Electricity Supply Company Limited (MESCOM) 21 paise, Chamundeshwari Electricity Supply Corporation Limited (CESCOM) 19 paise, Hubli Electricity Supply Company Limited (HESCOM) 27 paise and Gulbarga Electricity Supply Company Limited (GESCOM) 26 paise.

In the order, the commission said, "We have the increase in the FCAC by including the approved carried forward net fuel adjustment charges from October December 2021 along with the increase in overall power purchase cost during the fourth quarter has decided to allow the ESCOMs to collect the fuel cost. KERC said that they have approved 33 paise per unit against BESCOM's proposal of 55.28 paise per unit. BESCOM in its requisition to KERC had contended that it had to pay an additional Rs 108.36 crore for power purchase."

Increased prices of coal put a financial burden on power generation units

Sources said that the coal crisis was to be blamed for the additional tariff. The demand had gone up during the last financial year and the coal procurement cost had also increased. Due to the shortage of coal, coal was imported at a higher cost. This increased the financial burden on power generation units. Hence, the power distribution companies were asked to cough up more and the power distribution companies are now demanding extra from the consumers.

Consumers are understandably miffed. They said this will increase inflation. "The surge in oil prices has already triggered a price rise cycle. Cooking gas prices also have gone up and are now being sold above Rs 1,000. So, many shifted to electrical appliances. However, now another price will squeeze the household incomes," said Shylaja R, a homemaker.

> **When BESCOM wants us to pay more as their expenses are going up, we also demand BESCOM ensure a 24X7 power supply. Of late there are too many power cuts in city**
> –Dhanvi Gowda, homemaker

Dhanvi Gowda, another homemaker, said, "I feel there needs to be a mechanism for the reduction in power tariff if the power supply is erratic. When BESCOM wants us to pay more because their expenses are going up, we also demand BESCOM ensure a 24*7 power supply. As it has been raining in the city for the last few months, we have been seeing drastic power cuts. We wonder why there is no penalty on power cuts."

BangaloreMirror
Power play: Using too much electricity? Pay a deposit
Bengalureans start getting notices for 'overuse' of electricity

BM reported on June 27 about deposit charged in case of more than usual power consumption

Actress Pavitra Lokesh lodges complaint with Cyber police

Multilingual actress Pavitra Lokesh has lodged a complaint with the cybercrime police in Mysuru, police said on Wednesday.

She has stated in her complaint that many fake accounts have been created in her name and defamatory posts have come up in those accounts. Lokesh has also stated that miscreants after creating fake accounts are spreading rumours and false news about her.

The cyber crime police have lodged a complaint in this regard and taken up the investigation. Pavitra Lokesh, daughter of senior Kannada actor Late Mysuru Lokesh, is an established small screen as well as big screen actor in Kannada and Telugu languages.

She has made a mark in both the industries as a character artist. Her husband Suchendra Prasad and brother Aadi Lokesh are also established actors in Kannada film industry. IANS

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PVR CINEMAS {Phoenix Marketcity Mall, 11:00, 3:40, 8:20 p.m. | Forum Mall, Koramangala, 10:00, 2:40, 7:20 p.m. | Orion Mall, 1:00, 3:10, 7:50 p.m. | Vega City, 12:55, 5:35, 10:15 p.m.} | CINEPOLIS {Shanthiniketan, 11:00, 3:35, 5:45 p.m.}.
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Sisters stripped, assaulted, cops ignore plaint

In a shocking incident, two sisters were stripped and assaulted in their residence in the outskirts of Bengaluru for not being able to repay their education loan.

The police for two days refused to lodge the complaint and it was only after the assault videos went viral that the complaint was finally registered. The incident took place in the Doddabommasandra area in Anekal taluk, and the complaint was lodged against Ramakrishna Reddy, Sunil Kumar and Indramma. According to the complaint filed, one of the victims had taken a loan of Rs 1 lakh loan at an exorbitant 30 per cent interest for the education of her children from one Ramakrishna Reddy, a resident of the Neriga village near Doddabommasandra.

However, she was asked to repay the entire loan amount at once. The villagers had brokered a peace deal that once they sell their land, the victim would repay the loan amount.

Despite this, the accused barged inside the residence and brutally assaulted and stripped the victims. The victim later approached the Sarjapur police station, but it is alleged that the police Inspector refused to take the complaint. –IANS

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Proposal to shift KSRTC bus services to Peenya

After feedback from BMTC and KSRTC a decision will be taken

Sridhar.Vivan@timesgroup.com
TWEETS @sridharvMirror

With the Chief Minister directing civic agencies to decongest the city's traffic, the proposal to ban the entry of Karnataka State Road Transport Corporation (KSRTC) and private long-distance buses beyond Peenya has gained weight. During the late-night inspection of Goraguntepalya (Nelamangala Road) on Tuesday, BBMP Administrator Rakesh Singh said that there was a proposal to stop all the KSRTC and private buses at the Basaveshwara Bus stand in Peenya.

Both BMTC and KSRTC have been asked to come up with feedback on this proposal based on which a decision will be taken. The bus terminus at Peenya is built on 6 acres and 22 guntas for Rs 39.25 crore and has been named Basaveshwara Bus terminus. Currently, the Basaveshwara Bus Stand has turned out to be an idle bus stand without any operations. However, this proposal is met with scepticism over its failure earlier.

BBMP Chief Commissioner Tushar Giri Nath said, "We won't take any immediate decision as of now. The execution has failed twice earlier. So, now we need to tread cautiously." It may be recalled that to decongest the centralised Kempegowda (KG) Bus Stand, the bus services towards non-Bengaluru districts from Nelamangala road were started from Basaveshwara bus terminus (Peenya).

Though the decentralisation had begun sometime back with operations towards Mysore as well as Tamil Nadu being relocated to Mysore satellite Bus stand (near Bapuji Nagar) and Shantinagar Bus stand, the Peenya terminal was tried on an experimental basis as the Nelamangala road caters to 20 out of 30 districts in the state. Hence, in the first phase, the bus services towards Hubli, Hospet, Ballari, Shivamogga, Hassan, Tumkur and Pavagada started from Peenya. However, there was poor patronage as commuters showed no interest in travelling to a bus stand which was a kilometre away from the main road.

> **"We won't take any immediate decision as of now. The execution has failed twice earlier. So, now we need to tread cautiously**
> – Tushar Giri Nath, BBMP chief

Instead, they preferred to take the private buses which were operating from Majestic or take government buses from Jalahalli cross (which was 1.5 kilometres from Peenya Bus station on the Nelamangala main road).

The three transport bodies; KSRTC, North West Karnataka Road Transport Corporation and North East Karnataka Road Transport Corporation had an accumulated loss of Rs 12 crore, thanks to the shifting of services to Peenya Bus terminus. This worried the transport bodies so much that if they continued for a year, their losses would amount to Rs 48 crore and hence wanted immediate shifting.

Before the Peenya Bus terminus was constructed, the police had temporarily stopped all the long-distance buses at BIEC and asked commuters to take local buses. Even that plan miserably failed as commuters were put to hardship.

File photo of Basaveshwara bus stand in Peenya

The story so far

For a long time, KSRTC felt that the KG bus stands were too crowded and with an increase in services, the bus stand had become insufficient. Added to this, the construction of the underground Metro station shrunk the bus stand further. So, the KSRTC went ahead with the construction of bus terminals at different locations. The idea was that commuters from different locations were heading to KG Bus Stand thereby congesting the whole area.
The Mysore Satellite Bus Stand and Shanti Nagar Bus Stand became a hit and one of the main reasons was that all the BMTC services were travelling via those bus stands. It is worth recalling that apart from Peenya Bus Terminus, another failed attempt was made at Baiyappanahalli Bus Terminus which was constructed to cater to vehicles heading towards the eastern region (like Kolar and Tirupati). However, as the bus stand was located off the KR Puram main road, many commuters did not head to this bus stand and gradually, all the via services were abandoned.

Get ready for hike in PPF, Sukanya Samriddhi Yojana, NSC interest rates

Stock markets are down and cryptos have crashed, but Post Office schemes could make investors smile. Government bond yields have risen sharply in the past one year, raising hopes that the interest rates of small savings schemes linked to these bonds will be hiked. The formula laid down by the Gopinath committee in 2011 says small savings rates should be 25-100 basis points higher than the average yields of government securities of the same duration. The benchmark 10-year bond yield has risen 140 basis points from 6.04% to 7.46% in the past 12 months. It has averaged 7.31% in the April-June quarter. Going by the formula, the PPF rate should be hiked to 7.81%, while the Sukanya Samriddhi Yojana and the Senior Citizens' Saving Scheme should offer more than 8%.

If small savings rates are hiked, investors in the RBI floating rate bonds also stand to benefit. The interest rate of these bonds is linked to that of NSCs. They offer 35 bps more than NSCs. The prevailing rate of NSCs is 6.8%, so the RBI floating rate bonds are offering 7.15%. If the NSC rate is hiked to 7.15%, the interest rate of these bonds will go up to 7.5%, which is higher than what bank fixed deposits are currently offering. However, the formula has not always been followed to the T in the past. In the January-March 2021 quarter, the average 10-year bond yield was less than 6%, which means the PPF rate should have been around 6.25% while the Senior Citizens' Saving Scheme should have given no more than 6.75%.

> **If small savings rates are hiked, investors in the RBI floating rate bonds also stand to benefit**

Accordingly, the interest rates were reduced in March 2021. The PPF rate was cut to 6.4%, the Senior Citizens' Savings Scheme to 6.5% and the Sukanya Yojana to 6.7%. It caused a huge uproar, forcing the government to roll back the reduction. Small savings rates have remained untouched since then. Now that government bond yields have gone up significantly, the government might hike the small savings rates. Whether this hike will be as per the Gopinath committee formula is yet to be seen.

— Babar Zaidi, ET Bureau

Turn of the screw at park

CONTINUED FROM PAGE 1

equipment," said another resident who uses the gym regularly. According to the residents, while the gym was set up around five years ago, no repair work has been done by the BBMP.

"There was a complete breakdown of a couple of gym equipment around two months post the gym was installed. Then it was repaired immediately. However, this time around, while we reached out to the concerned BBMP officials, we have not received any response yet. The gym continues to be used by children and the elderly; an accident might take place any moment," said another user of the open gym.

When BM reached out to the BBMP, officials said they were not aware of the problem.

"We are not aware of the issue. Moreover, we need to check the timeline: when the gym was installed and by which department. Maintenance will be that department's responsibility," said an official from the lake department.

Walkway crying for attention

The joggers and walkers complained that though the children's park area of the public recreational space around the lake is cleaned regularly, the rest of the area, including the 1.74-km walkway, is neglected.

"The walkway faces waterlogging. Every time it rains, the path is filled with water in no time. Even after the water recedes, it is rendered useless for a few days due to slush. The water outlets installed at every 10 feet of the walkway are either at a higher level than the walkway or are clogged with garbage, leading to water-logging," said a resident.

"We have not received any complaint as of now. The walkway created at the lake is collecting water as it is at a lower level than its surroundings. Once the lake is filled with water, all the water starts accumulating around the lake area. A lot of development work had already taken place within the 30-metre buffer zone of this lake by the time it was revived five years ago," said a BBMP official.

Oxygen generators at airport

The Kempegowda International Airport, Bengaluru has installed 10 emergency oxygen generators, to provide life-saving support during medical emergencies.

The generators are available at the departures and arrivals areas and will come to the aid in case any travellers experience heart attacks, breathlessness, or unconsciousness.

"Protecting the health and safety of passengers is our top priority. By installing these life-saving instant oxygen generators at BLR Airport, we want to ensure a safe end-to-end journey for all passengers," said a Bengaluru International Airport Limited (BIAL) spokesperson. Installed for the benefit of passengers and airport staff, the generators are easy to use and will provide 99.7 per cent pure medical grade oxygen for up to 40 minutes. According to the BIAL officials, this will offer support until the affected person reaches the hospital.

"These were installed recently and are different from regular oxygen cylinders. Those cylinders were heavy, not portable and usually require a trained person to operate. However, the generators that we have installed are easy to operate and are portable. This can be used for up to 40 minutes when facing a medical emergency and will provide the critical life support system till they get medical help or reach a nearby hospital," said a BIAL official. As per the information provided by BIAL, the generators are being installed across many other airports in the country as well.

The oxygen generators have been taken on lease by BIAL and the facility might get expanded in the future depending on usage and demand. "The pandemic has highlighted the importance of oxygen generators and it has become life-saving equipment. We decided to install the generators as the airport is a high footfall area and the generators might come in handy in saving lives.

These are reusable and oxygen can be refilled. The equipment is not just for the passengers and travellers, but also for the airport staff. As of now, we have rented ten devices," said the official.

— BMB

HEALTH TIP: A cup of broccoli provides almost 5% of a person's daily need for potassium

Dark chocolate is packed with flavonoids that reduce stress and inflammation, improve memory, mood and immunity

Negative may be positive

Struggling with positive thinking? Research shows grumpy moods can actually be useful

As psychiatry, which uses medical and biological methods to treat mental disorders, has largely overtaken psychotherapy, which relies on non-biological approaches such as conversation and counselling, psychotherapists have sought alternative challenges. One common approach is to focus on enhancing the happiness of mentally healthy people, rather than relieving the mental pain and trauma of those who are suffering.

This is known as "positive psychology" and has recently expanded to accommodate not only psychologists, but also social workers, life coaches and new age therapists. But there is evidence to suggest the approach has a negative side.

Perhaps the most common advice made by positive psychologists is that we should seize the day and live in the moment. Doing so helps us be more positive and avoid three of the most infamous emotional states, which I call the RAW emotions: regret, anger and worry. Ultimately, it suggests that we avoid focusing too much on regrets and anger about the past, or worries about the future.

It sounds like an easy task. But human psychology is evolutionarily hardwired to live in the past and the future. Other species have instincts and reflexes to help with their survival, but human survival relies very much on learning and planning. You can't learn without living in the past, and you can't plan without living in the future.

Regret, for example, which can make us suffer by reflecting on the past, is an indispensable mental mechanism for learning from one's own mistakes to avoid repeating them.

Worries about the future are likewise essential to motivate us to do something that is somewhat unpleasant today but can create gain or spare us a greater loss in the future. If we didn't worry about the future at all, we may not even bother with acquiring an education, take responsibility for our health or store food.

Like regret and worries, anger is an instrumental emotion, which my co-authors and I have shown in several research papers. It protects us against being abused by others and motivates people around us to respect our interests. Research has even shown that a certain degree of anger in negotiations can be helpful, leading to better outcomes.

What's more, research has shown negative moods in general can be quite useful – making us less gullible and more sceptical. Studies have estimated that a whopping 80% of people in the west in fact have an optimism bias, which means we learn more from positive experiences than from negative ones. This can lead to some poorly thought-out decisions, such as putting all our funds into a project with little chance of success. So do we really need to be even more optimistic?

For example, optimism bias is linked to overconfidence – believing we are generally better than others at most things, from driving to grammar.

Overconfidence can become a problem in relationships (where a bit of humility can save the day). It can also make us fail to prepare properly for a difficult task – and blame others when we ultimately fail.

Defensive pessimism, on the other hand, can help anxious individuals, in particular, prepare by setting a reasonably low bar instead of panicking, making it easier to overcome obstacles calmly.

Capitalist interests

Despite this, positive psychology has left its marks on policymaking at national and international level. One of its contributions was in triggering a debate among economists about whether a country's prosperity should be measured by growth and GDP alone, or whether a more general approach to wellbeing should be adopted. This led to the misleading conjecture that one can measure happiness by simply asking people whether or not they are happy.

This is how the UN happiness index – which provides a ridiculous ranking of countries by their happiness level – is constructed. While questionnaires about happiness measure something, it is not happiness per se, but rather the readiness of people to admit that life is quite often difficult, or alternatively, their tendency to arrogantly boast that they always do better than others.

The excessive focus of positive psychology on happiness, and its assertion that we have full control over it, is detrimental in other respects, too. In a recent book called "Happycracy", the author, Edgar Cabanas, argues that this assertion is cynically being used by corporations and politicians to shift the responsibility for anything ranging between a mild dissatisfaction with life to clinical depression from economic and societal agencies to the suffering individuals themselves.

After all, if we have full control of our happiness, how can we blame unemployment, inequality or poverty for our misery? But the truth is that we don't have full control over our happiness, and societal structures can often create adversity, poverty, stress and unfairness – things that shape how we feel.

To believe that you can just think yourself better by focusing on positive emotions when you're in financial danger or have gone through major trauma is at the very least naive.

While I don't believe positive psychology is a conspiracy promoted by capitalist companies, I do believe that we don't have full control over our happiness, and that striving for it can make people quite miserable rather than happy. Instructing a person to be happy is not much different than asking them not to think of a pink elephant – in both cases their mind can easily go in the opposite direction. In the former case, not being able to fulfil the goal to be happy adds substantial frustration and self-blame.

And then comes the question of whether happiness is really the most important value in life. Is it even something stable that can last over time? The answer to these questions were given more than a hundred years ago by the American philosopher Ralph Waldo Emerson: "The purpose of life is not to be happy. It is to be useful, to be honourable, to be compassionate, to have it make some difference that you have lived and lived well."

(Eyal Winter, Andrews and Elizabeth Brunner, Professor of Behavioural/Industrial Economics, Lancaster University, The Conversation)

All problems solved

Dear Coleen

I've been with my husband for eight years and for the past few years our sex life has been dismal.
We have two young children, which obviously doesn't help in terms of our time and energy, but it's more than that.
We'd known each other as friends before getting together - and sex was good in the beginning, but now it's just a fumble in the dark if I'm lucky.
I don't fancy him if I'm honest and I'm not sure whether I can make myself attracted to him.
He probably feels the same about me, but neither of us says anything, so we're just drifting through life. I'm only 39, so I don't want this to be it. Can you help?

COLEEN SAYS

I don't think you can force yourself to feel attracted to your husband, but I think if you did fancy him when you got together and sex used to be good, then it is possible to get that back.
Lots of things can affect sex and intimacy – the pressures of family and work, but also not nurturing the relationship, so you eventually fall into bad habits and end up in a rut.
If you want to get it back, you have to make a conscious effort to do so and you have to start by opening up to your hubby about how you feel. Psychosexual counselling could help.
I also think you need to ease back into your sex life, so perhaps agree not to have sex for a while, but to focus on rebuilding romance and intimacy to see if that sparks desire.

—Coleen Nolan, Daily Mirror

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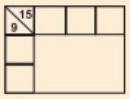
facebook.com/theBangaloremirror
@BangaloreMirror

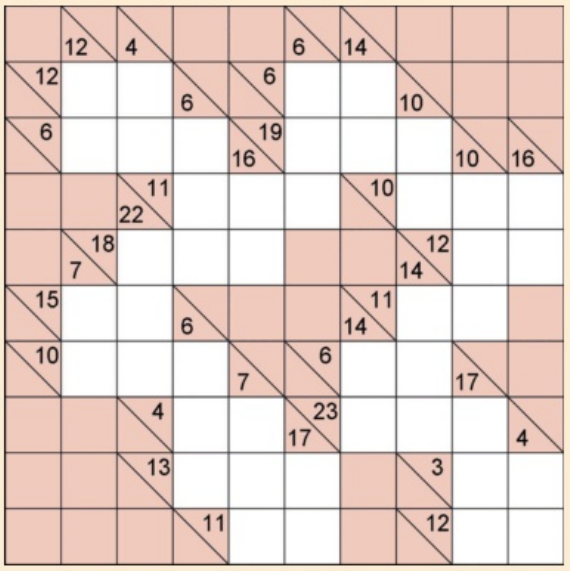
Kakuro

The numbers in the grey squares refer to the sums of the digits that you must fill into the empty spaces directly below or to the right of the grey square containing the number. For instance, in the given example, the 3 boxes horizontally next to 15 must contain 3 digits that add up to 15, whereas

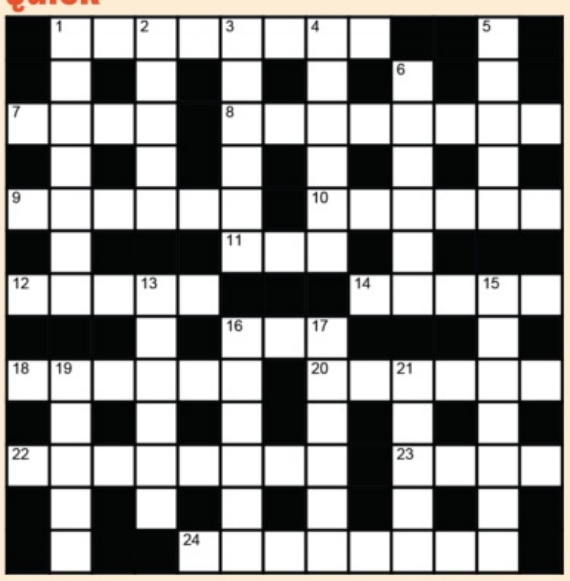


for 9, it is the 2 boxes placed vertically under it that must add up to 9. No zeros are used here, only the digits 1 through 9.

Note: A digit cannot appear more than once in any particular digit combination. For instance, in the example, we cannot have the combination of 4+7+4 for 15.



Quick



ACROSS

1 Units of electrical charge (8)
7 Social activist __ Hazare (4)
8 Tidy smokers use these? (3-5)
9 Government office (6)
10 Almost (6)
11 The extreme limit beyond which a thing does not continue (3)
12 Conceal; put away in a safe place (5)
14 ____ off : get rid of? (5)
16 Small drink (3)
18 Sound system (6)
20 Most frigid (6)
22 Eruption (8)
23 Bruhat Bengaluru Mahanagara Palike in short (4)
24 Shoes, slippers, etc (8)

DOWN

1 Lead or guide; direct or manage (7)
2 Custom; practice (5)
3 Impenetrable to light (6)
4 At the back (6)
5 Faithful and true (5)
6 Least bit of wind (6)
13 Scours (6)
15 Srinagar locale (7)
16 Fine sword (6)
17 Train ride requirement? (6)
19 Hoodlums or bullies ? (5)
21 Permeate (5)

Quoteuncode

This puzzle is a substitution cipher in which one letter stands for another. If you think that Q equals C, it will equal C throughout the puzzle. Single letters, short words and words using an apostrophe give you clues to locating vowels. Solution is by trial and error.

Today's CLUE: Q EQUALS G

ZKZBIRAOTQ RAGR AGL XZZT UOMM XZ, ZKZBIRAOTQ RAGR UOMM XZ OL, ZKZBIRAOTQ RAGR UOMM XZ AGL XZZT.

Linemaro

You are a 9.999. You would be 10 if you were with me

Mindchow

It is almost impossible to remember how tragic a place this world is when one is playing golf

Joke of the day

If there are only two programs on TV that are worth your time, they will always be at the same time

Loop

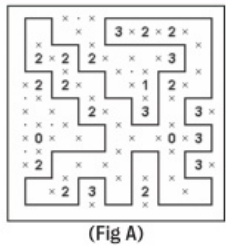
Rules

» Connect adjacent dots with vertical or horizontal lines, creating a single loop (Fig A). » Crossovers or branches are not allowed (As shown by dotted lines in Fig B). » Numbers in the puzzle indicate the number of lines that should surround it, while empty cells may be surrounded by any number of lines. » You can't draw lines around zeros. » Each puzzle has just one unique solution.

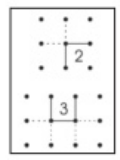
How to begin:

Example (Fig A) – Begin with the zero next to 3. Since no lines can be drawn around zero, mark crosses around it, as shown. Now there is a cross in one space around 3. So we know the three lines of 3 can only be drawn in the remaining three spaces. Next, these lines can only be extended in one direction each. Continue, using the same logic.

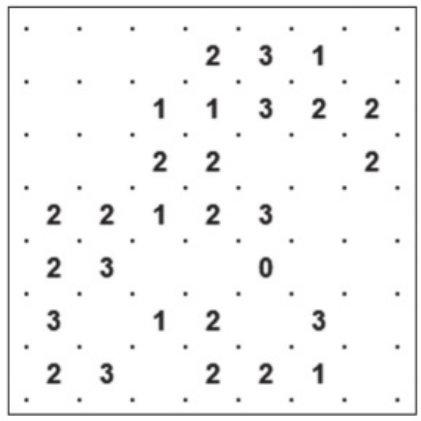
Hints: Keep eliminating possibilities by marking crosses in spaces between dots where a line isn't possible, i.e., if you have already completed required lines or where a line extension may create a branch or cause a dead-end (Fig B)



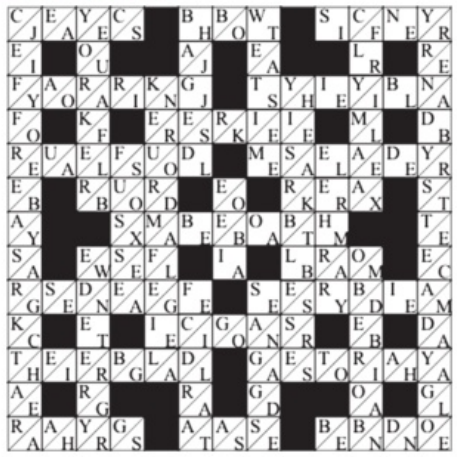
(Fig A)



(Fig B) Not Allowed



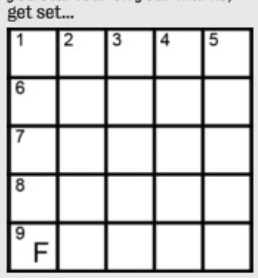
Strikeout



This crossword has no clues and the answer is there waiting for you. All you have to do is find it in each square. You have a choice of two letters, one of which you must strike out. If you choose correctly, you will be left with a grid that contains real words.

Fast five

How long do you think it will take you to unscramble the ten words shown below and fit them correctly into the grid in the order given one letter has already been entered to get you started? on your marks, get set...



ACROSS

1 Elgar; 6 Adorn;
7 Paint; 8 Agree;
9 If Rye

DOWN

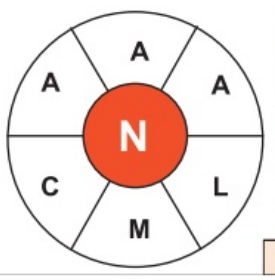
1 If Erg; 2 Liana;
3 A aged; 4 Or rep;
5 Try Ne

Mensapuzzle

Which is the odd one out?

A.	1	6	3	4	9	2
B.	6	14	3	8	1	2
C.	19	7	5	23	3	4
D.	1	9	4	7	3	2

Bull's eye



How many words of four or more letters can you make from the letters shown? Every word must contain the central letter. There should be one seven-letter word. British English Dictionary is used as a reference.

02 Average; 03 Good; 04 Outstanding

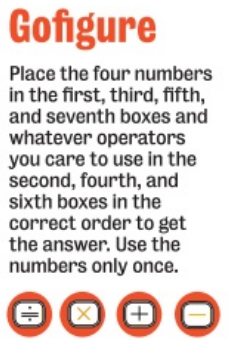
SudokuChallenge

				3				9
4	3							7
	9	8			5			1
		6	4			3	7	
			6		9			
	7	2			8	6		
3			9			4	5	
2							8	3
7				2				

To solve a Sudoku puzzle, every digit from one to nine must appear in each of the nine vertical columns, in each of the nine horizontal rows and in each of the nine boxes.

Gofigure

Place the four numbers in the first, third, fifth, and seventh boxes and whatever operators you care to use in the second, fourth, and sixth boxes in the correct order to get the answer. Use the numbers only once.



Easy = 15
1 3 5 8

Medium = 15
3 4 5 6

Hard = 4
1 5 8 2

Hocusfocus

Find at least six differences in details between panels.

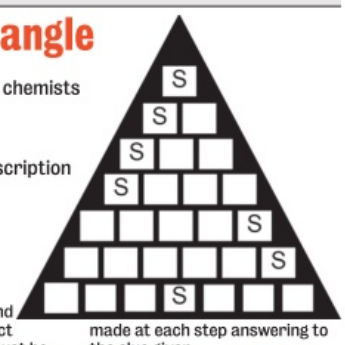
Differences: 1. Leg is moved. 2. Design on lampshade is different. 3. Club is shorter. 4. Curtain is shorter. 5. Doorway is wider. 6. Streaks on windowpane are reversed.

Riddler

When you behead a word, you remove the first letter and still have a valid word. You will be given clues for the two words, longer word first.

Alpha triangle

1 Sulphur symbol
2 Selenium for the chemists
3 Witness
4 Crystal gazer
5 Water pitchers
6 Continues a subscription
7 More gossipy



Beginning at the top move towards the bottom seven-letter word by adding a letter at each step and rearranging. A correct and different word must be made at each step answering to the clue given.

DIFFICULT TO SOLVE? FIND THESE SOLUTIONS ON THE NEXT PAGE

COMICS

Redeye by Mel Casson

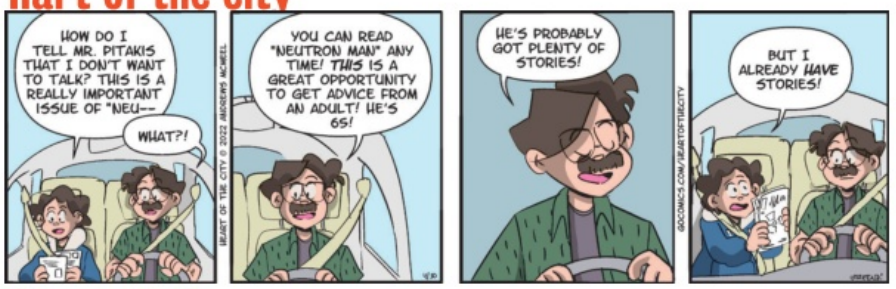
WORK WORK!
GRUNT GRUNT!
TOTE TOTE!
4-16
DINNER ISN'T READY YET?! WHAT IN BLAZES DO YOU DO ALL DAY?
...BESIDES GOING TO THAT STUPID KARATE CLASS?
Mel Casson

Bizarrotrip

Diamond Lil

HEY, SURLI, HOW CAN I MAKE A SPLASH WITH THE LADIES?
OK, HERE'S WHAT I FOUND...
INSTEAD OF PANTS, WEAR A KIDDIE POOL
©2022 creators.com 4/27
www.creators.com

Hart of the city


HOW DO I TELL MR. PITAKIS THAT I DON'T WANT TO TALK? THIS IS A REALLY IMPORTANT ISSUE OF "NEU--
WHAT?!
YOU CAN READ "NEUTRON MAN" ANY TIME! THIS IS A GREAT OPPORTUNITY TO GET ADVICE FROM AN ADULT! HE'S 65!
HE'S PROBABLY GOT PLENTY OF STORIES!
BUT I ALREADY HAVE STORIES!
HART OF THE CITY © 2022 ANDERS HOWEL
@DOCMC3.COM/HEARTOFTHECITY

Crankshaft

I DON'T KNOW HOW YOU COULD PULL SUCH A LAMEBRAINED STUNT!
DON'T SHILLY-SHAGLE AROUND... SAY WHAT YOU MEAN!
4-23
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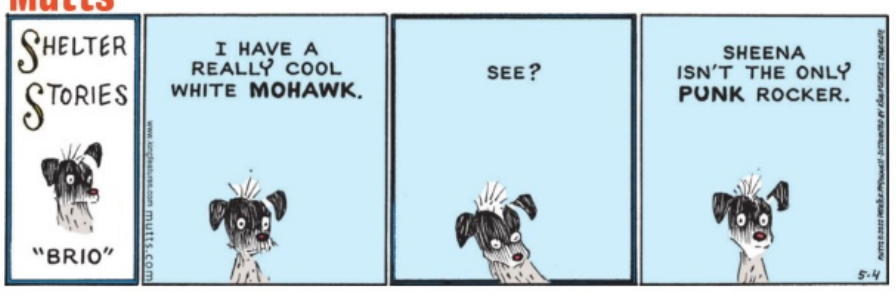
BATIUK & DAVIS

Mutts



WHAT YOUR STARS SAY TODAY

Aries Mar 21 – Apr 20
Today you are blessed by the moon and destiny is likely to be with you. You may feel more energetic and focused on your work. Hard work may pay you in terms of success. Your colleagues may help you. you are likely to go for a short work-related trip. Some good news may come from your sibling.

Taurus Apr 21 – May 20
Messy situations are under control now, and you may have peace of mind. You could find a proper balance between expenditure and earnings, which may boost financial health. You are advised to avoid too much travelling or overworking. It could affect your health. Students can start planning for their future. Lovebirds might enjoy happy moments.

Gemini May 21 – Jun 21
You will have complete support from family members today. Expect expansion in your family business during these days. It will increase your social status. You may also plan to expand your family in terms of children, which may improve bonding between family members. Students may apply for scholarships for higher studies.

Cancer Jun 22 – July 23
Today you could face health issues. Last night's sleeplessness may make you mentally tired. You may not be focused on your day-to-day work. You may feel lazy, which can affect your commitments. It is advised to avoid rash driving and adventure tours. You are also advised to avoid spending money on worthless items.

Leo Jul 24 – Aug 23
Expect to be happy today. You may spread happiness all around you, and feel harmony in your domestic life. You could share romantic moments with your spouse. Your family may support you to make some important decisions on the professional front. Expect some new ventures or partnerships in business.

Virgo Aug 24 – Sep 23
Today you may be more spiritual. Destiny could be with you. Expect good gains from past investments. Bonding with the boss is likely to be improved, which may give you benefits in terms of promotions. you may also hear some good news from your sibling. You are advised to control your tone of speaking in your love and personal life. It can impact negatively.

Libra Sep 24 – Oct 22
Today you may be busy with a social get-together. You could meet some old friends. Your network might be strong, which may bring you benefits in the near future on the work front. Those related to export and import, glamour, and artefacts may perform better. Students are likely to perform well today. Lovebirds may enjoy happy moments.

Scorpio Oct 23 – Nov 22
Today you may be a victim of sleeplessness, which could make you lazy. You may also become careless. Do not let it affect your inner strength negatively. You may be nervous at work, and that could potentially impact a running project. Avoid making investments. Stay clear from spicy food as it may affect the digestive system. Do not drive in a rush.

Sagittarius Nov 23 – Dec 22
Family matters could take your time today. You may make some important calls on the domestic front. You should avoid arguments over personal life issues. Your arrogance can seep into your domestic life and impact harmony. By late evening, things may be under control. Follow your intuition before making investments in business .

Capricorn Dec 23 – Jan 20
Today the moon might make you happy. Remember to keep your patience at every stage. Your performance may be good at work, and you could get incentives or rewards. Health-related issues of family members will be resolved now. Job seekers are likely to find suitable work. Lovebirds may enjoy a date.

Aquarius Jan 21 – Feb 19
Today you may have fixed results. it is advised to not expect too much from anyone around you. That would lead to you being disappointed. You may be in a self-exploration mood today, which would let you filter yourself. After the process, you may feel confidence, and will be able to readily accept challenges around you.

Pisces Feb 20 – Mar 20
Dissatisfaction can make you upset today. You may not be able to enjoy every single moment. You may feel a lack of patience, which may impact your way of working. Silly mistakes may occur, be careful. You may visit some spiritual place in search of peace. You are advised to practice meditation or yoga.

KIDZONE

Naina Akshay, 8 Years, Bengaluru

Kaveri Sriram, 8 Years, Indus International School

Kidzone, Bangalore Mirror, No.4, KSCCF Compound, Pampa Maha Kavi Road, Chamrajpet, Bengaluru 560 018; Please send hard copies of your artwork in A4 size only.

SOLUTIONS

QUOTE UNCODE Everything that has been will be, everything that will be is, everything that will be has been.

SOLVE IN 1M
$\sqrt{(10*((3*6)/9)+8)-5}$
$\sqrt{(10*((18)/9)+8)-5}$
$=\sqrt{36-5}=6-5=1$

RIDDLER
1. Manager -> Anger,
2. Meager -> Eager,
3. Mascot -> Ascot,
4. Member -> Ember

FAST FIVE

G	L	A	R	E
R	A	D	O	N
E	A	G	E	R
I	N	A	P	T
F	I	E	R	Y

STRIKE OUT

J	A	Y	S		B	O	W		I	C	E	R		
E		O		A			L			E				
F	A	R	I	N	G		S	H	E	I	L	A		
A	N	N	A		A	S	H	T	R	A	Y	S		
O		S		P		E		B		O				
C	O	U	L	O	M	B	S			L				
S		F	O	O	T	W	E	A	R					
O	U	T	B	R	E	A	K		B	B	M	P		
H		U		L		C		M		H				
S	T	E	R	E	O		I	C	I	E	S	T		
		C				T	O	T		A				
S	T	A	S	H			S	H	A	K	E			
		C		E	N	D		T						
B	U	R	E	A	U		N	E	A	R	L	Y		
D		G		O		I		E		A				
A	N	N	A		A	S	H	T	R	A	Y	S		
O		S		P		E		B		O				

QUICK

C	O	U	L	O	M	B	S			L				
O		S		P		E		B		O				
A	N	N	A		A	S	H	T	R	A	Y	S		
F		K		E		R		E		M		D		
R	U	F	U	L		M	A	L	A	D	Y			
E		U		R		O		R	E	X		S		
R	E	N	E	G	E		S	E	R	B	I	A		
A		E	E	L		I		L	A	O		E		
Y		S	A	B	B	A	T	H				T		
		E		R										
F	A	R	I	N	G		S	H	E	I	L	A		
E		O		A			L			E				
J	A	Y	S		B	O	W		I	C	E	R		

KIDZONE

SUDOKU

7	8	4	5	2	3	9	1	6
2	5	9	1	6	4	7	8	3
3	6	1	9	8	7	4	5	2
5	7	2	3	1	8	6	9	4
8	4	3	6	7	9	1	2	5
9	1	6	4	5	2	3	7	8
6	9	8	7	4	5	2	3	1
4	3	5	2	9	1	8	6	7
1	2	7	8	3	6	5	4	9

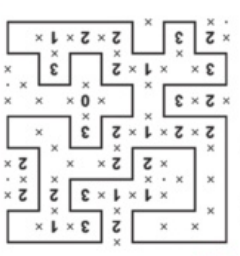
MENSA PUZZLE
D. Add the numbers and then add the remaining digits: A – total of numbers is 25, 2 plus 5 = 7; B – total of numbers is 34, 3 plus 4 = 7; C – total of the numbers is 61, 6 plus 1= 7; D – total of the numbers is 26, 2 plus 6 = 8.

BULL'S EYE
ALMANAC, anal, canal, clan

ALPHA TRIANGLE
S, Se, See, Seer, Sewers, Renews, Newsier.

GO FIGURE
Easy
8 + 5 – 1 + 3 = 15
Medium
6 + 4 – 5 x 3 = 15
Hard
2 + 8 – 1 – 5 = 4

LOOP



KAKURO

Volume No 16, Issue No 7 RNI NO:KARENG/2007/21142 Published for the Proprietors, Metropolitan Media Company Ltd by R.J. Prakashan at No.4, KSCCF Compound, Pampa Maha Kavi Road, Chamrajpet, Bengaluru 560 018 and printed by him at Fourth Estate Ltd, No. 9/10/11-A, 4th Main, Bommasandra Industrial Area, Hosur Road, Bengaluru 560099 (Phones : Press : 080-22899999; Editorial : 080-40877666, Fax – 40877545, Registered Office: No.4, KSCCF Compound, Pampa Maha Kavi Road, Chamarajpet, Bengaluru 560 018. Email : mybangaloremirror@timesgroup.com Editor : Ms. Seena Menon – responsible for selection of news under PRB Act. © Reproduction in whole or in part without the written permission of the Publisher is prohibited.

 # Leon Brown comes out as transgender
'Star Wives' actor Leon Brown came out as a transgender and shared the news on social media, by penning a heartfelt note.

BangaloreMirror | 12
Thursday, June 30, 2022
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A new step

Richa Chadha learning Kathak for SLB's next?

Bollywood actress Richa Chadha is gearing up for her next film for which she is taking diction and dance lessons in Kathak. The actress has already been trained in the dance form till a particular stage and she wants to take it forward from there itself.

Richa has been spotted outside Sanjay Leela Bhansali's office quite a few times in the recent past and as the director is gearing up for his digital debut, 'Heeramandi' these days, it could be possible that Richa is taking the dance classes for her role in 'Heeramandi'.

A source close to the film's production says: "'Heeramandi' is one of the most ambitious projects till date for Sanjay sir. It being his digital debut which makes it even more special and challenging at the same time as one has to put their best foot forward."

"Richa has already been doing the look tests for the show and she is all set to play a crucial role. As part of it, she's learning kathak now and the classes have already begun ahead of the series shoot next month in Mumbai. Richa has been training for the last 2 weeks already and will continue training for another few days".

The last time the two came together was for the 2013 film 'Goliyon Ki Raasleela Ram-Leela', where the actress played the role of Rasila. — IANS

B'Town not filled with druggies: Suniel Shetty

Actor Suniel Shetty has said that Bollywood is not filled with 'druggies' at a recent event. He was seen attending an event organised by the CBI on the occasion of International Day Against Drug Abuse and Illicit Trafficking. He also spoke about the celebs and star kids being questioned in drug-related cases. He said that they should be forgiven for their mistakes.

While speaking at the event, Suniel asked why celebs were being targeted and treated like 'drug addicts'. He said, "Ek galti kardo toh chor hai, dacoit hai. I have been in the industry for 30 years and I have 300 friends who have done no such thing in their entire lives."

The 'Hera Pheri' actor further added, "Bollywood is not filled with druggies. We make mistakes, look at us as kids and forgive them." He also spoke about the #BoycottBollywood trend and said, "#BoycottBollywood #BollywoodDruggies vaisa hai nahi."

Recently, Shraddha Kapoor's brother Siddhanth Kapoor was detained for allegedly consuming drugs at a party in Bangalore. He was later granted bail. Earlier, Shah Rukh Khan's son Aryan Khan was also arrested by the NCB in a drug case. He was kept in custody for almost a month and later was released on bail.

After Salman, threat letter to Swara

Earlier this month, Salman Khan and his father Salim Khan had received death threat through an anonymous letter handed over to the latter by a stranger. Now Swara Bhasker too has received a death threat through an anonymous letter via speed post at her residence.

The letter, handwritten in Hindi, directly threatened her life and was filled with abuses warning her against insulting Savarkar. The letter was signed in the end as 'Is desh ke naujawan'. Swara has filed a complaint with the Versova Police Station.

"Based on the complaint, we have registered a non-cognisable offence against unidentified persons," a police official said to PTI adding that the investigation is on.

Shenaz diagnosed with face blindness, says be kind

Actor Shenaz Treasury, best known for films such as "Ishq Vishk" and "Delhi Belly", has said she has been diagnosed with prosopagnosia, also known as face blindness.

The 40-year-old actor shared a series of notes on Instagram Stories Tuesday night to share the news.

"I have been diagnosed with prosopagnosia. Now, I understand why I've never been able to put faces together," she wrote.

Treasury also posted screenshots outlining the signs and symptoms of prosopagnosia, a cognitive inability to recognise people's faces.

"... It's a cognitive disorder. I always felt ashamed that I can't recognise faces. I recognise voices... I have always felt so ashamed that I mix up people and can't recognise faces of people — even close friends after a few years. This is a real brain issue. Please be kind and understand," she wrote.

Also a popular video jockey, Treasury said living with the disorder might make one appear "aloof".

"You have difficulty recognising neighbours, friends, coworkers, clients, schoolmates. People you know expect you to recognise them. Failing to recognise someone might make you seem aloof.

"Many sufferers report losing friends and offending coworkers because they have failed to recognise them. This is me. And I thought I was just dumb," she added.

Last month in an interview with an international magazine, Hollywood star Brad Pitt had said he thinks he may be suffering from prosopagnosia, but he had never been officially diagnosed. PTI